

**Howard County
Local Health Improvement Coalition
Behavioral Health Work Group 2015-2017 Action Plan
Revised 11/7/15**

Note: This plan uses the SHIP measure of Emergency Department Visits Related to a Mental Health Condition under the assumption that an improved continuum of care for behavioral health conditions will result in fewer ED visits, per 100,000 population, for these conditions.

Goals:

1) Expand access to behavioral health resources and reduce behavioral health emergencies in Howard County.

Emergency Department Visits Related to a Mental Health Condition, per 100,000 population in Howard County	All	African-American	Asian	Hispanic	Other	White
2013 SHIP (2012 HSCRC)	2266	2733.1	522.1	1106.4		2565.2
2014 SHIP (2013 HSCRC)	2222.3	2683.5	236.7	1335.6		2430.7
2017 Goal	2111.2 (5% decrease)	2549.3	224.9	1268.8		2309.2

Strategies	Actions	Partners	Timeline	Outputs	Intermediate Measures
1. Support programs and activities working to expand access to behavioral health resources and reduce behavioral health emergencies.	1. Organize a forum for providers to discuss behavioral health screenings.	<ul style="list-style-type: none"> ▪ HC DrugFree ▪ HCHD* ▪ HCMHA* ▪ Horizon* ▪ PCMH Program ▪ Healthy Howard ▪ Evergreen ▪ Chase Brexton ▪ NAMI HC ▪ HCGH 	November FY16	# of forums # of attendees	Referrals for behavioral health services
	2. Develop educational tools for providers.		November FY16	Toolkit developed # of providers reached	
	3. Research creating a program like BHIPP (Behavioral Health Integration in Pediatric Primary Care) for adult primary care providers.		April FY16		

Strategies	Actions	Partners	Timeline	Outputs	Intermediate Measures
1. Support programs and activities working to expand access to behavioral health resources and reduce behavioral health emergencies.	4. Conduct Crisis Intervention Training (CIT) twice a year for HCPD patrol officers, detectives, and dispatch on how to respond to a behavioral health issue.	<ul style="list-style-type: none"> ▪ HCMHA* ▪ Grassroots* ▪ HCPSS ▪ On Our Own HC ▪ HC EMS ▪ HC DrugFree ▪ NAMI HC* 	CIT: Twice/year	CIT: # trainings # officers trained # other first responders trained	Evaluation of trainings May also include: Number of injuries to officers (expect to decrease)
	5. Conduct 8 Mental Health First Aid (MHFA) Trainings for Adults and Youth per year to educate the public on how to identify and assist family and friends with a behavioral health issue.	<ul style="list-style-type: none"> ▪ HCMHA* ▪ Grassroots* ▪ On Our Own HC ▪ HC EMS ▪ HC DrugFree ▪ NAMI HC* 	MHFA: 8 training per year	MHFA: # trainers in Ho. Co. # trainings # individuals trained	Number of repeat calls (expect to decrease)
	6. Pilot a program that would assure prompt (24-48 hours) access for adults, and possibly children, to short-term, outpatient psychiatric crisis stabilization services.	<ul style="list-style-type: none"> ▪ HCHD ▪ HCMHA* ▪ Healthy Howard ▪ NAMI HC ▪ Grassroots* ▪ HCGH ▪ Way Station 	July FY16	# of patients served by program	ED visits for BH conditions
	7. Add a Behavioral Health Specialist to the Community Care Teams (CCTs) that work closely with Howard County General Hospital to serve residents who are frequently hospitalized.	<ul style="list-style-type: none"> ▪ HCHD* ▪ Healthy Howard* ▪ HCGH* 	July FY16	# of people served by Behavioral Health Specialist.	ED visits for BH conditions
	8. Improve the Howard County Mental Health Authority's online directory and enable mobile device accessibility to provide search options that will link to listed providers based on specific search requests.	<ul style="list-style-type: none"> ▪ HCHD ▪ HCMHA* ▪ Healthy Howard 	December FY16	# of hits on website and online directory.	Referrals based on the online directory
	9. Use Howard County Mental Health Authority's website to provide information about community resources such as support groups, training programs, MHFA trainings, etc.		December FY16		

2) Reduce number of suicides in Howard County.

Rate of Suicides in Howard County per 100,000	All	African-American	Asian	Hispanic	Other	White
	9.3	N/A	N/A	N/A		N/A
2017 Goal	8.8 (5% decrease)					
2014 HCPD Suicide Data (Actual numbers not per 100, 000)	22	3	2	N/A		17

N/A - Demographic breakdown not available

Strategies	Actions	Partners	Timeline	Outputs	Intermediate Measures
2. Increase suicide prevention activities.	1. Review and analyze data for at-risk populations, identify gaps in data collection, develop action plan.	<ul style="list-style-type: none"> ▪ Suicide Prevention Association ▪ HCMHA* ▪ Private providers ▪ Grassroots* ▪ HCPD ▪ HCGH ▪ HCPSS 	Ongoing	Completed action plan	YRBS – number of students contemplating or having plan for suicide HCPSS data HCPD data
	2. Educate providers and the public through an annual community forum.		Ongoing	# forum attendees # QPR trainings # trained in QPR	
	3. Investigate alternate ways to reach youth for suicide prevention messages.		Ongoing		
	4. Begin and monitor MHA/Grassroots ED Follow-Up Program for suicide prevention and BH ED visits to HCGH.		Begin – FY15 Q3 Monitor - ongoing	# individuals referred # linked to outpatient providers	

*Lead Agencies

3) Reduce number of drug and alcohol-related intoxication deaths in Howard County. (Specifically: Opiates, Alcohol, and Benzodiazepines.)

Number of Drug and Alcohol-Related Intoxication Deaths in Howard County	All	African-American	Asian	Hispanic	Other	White
	29	N/A	N/A	N/A		N/A
2017 Goal	27.5 (5% decrease)					

N/A - Demographic breakdown not available

Strategies	Actions	Partners	Timeline	Outputs	Intermediate Measures
3. Support programs and activities working to reduce the number of drug and alcohol-related intoxication deaths (Specifically: Opiates, Alcohol, and Benzodiazepines).	1. Increase awareness of and participation in drug prevention programs using social media, newsletters, forums, and community fairs.	<ul style="list-style-type: none"> ▪ HC DrugFree* ▪ HCHD* ▪ HCGH ▪ ADAAB ▪ HCPD ▪ Opioid Prevention Coalition ▪ Community Providers ▪ HCGH 	Ongoing	# of forums and community activities # of activities advertised in LHIC Digest	#of OD deaths # of drug-related ED visit
	2. Continue overdose response program trainings for naloxone use for the public and for specific groups such as police officers.		Ongoing	# trainings conducted # individuals trained # calls for refills of naloxone # calls to Poison Control to report use of naloxone	
	3. Reduce overdose fatalities by identifying and targeting services for individuals who have survived previous overdoses through Howard County General Hospital sharing data with Howard County Health Department to offer outreach services.		Pending legal approval.	# patients served	

*Lead Agencies

Strategies	Actions	Partners	Timeline	Outputs	Intermediate Measures
3. Support programs and activities working to reduce the number of drug and alcohol-related intoxication deaths (Specifically: Opiates, Alcohol, and Benzodiazepines).	4. Establish overdose fatality review team.	<ul style="list-style-type: none"> ▪ HC DrugFree* ▪ HCHD* ▪ HCGH ▪ ADAAB ▪ HCPD ▪ Opioid Prevention Coalition ▪ Community Providers ▪ HCGH 	September FY16	# of meetings # of fatalities reviewed	#of OD deaths # of drug-related ED visit
	5. Establish opioid prevention coalition.		January FY15	# of members # of meetings	
	6. Install at least 3 permanent medication collection boxes.		June FY15	# boxes installed # lbs. medicine collected	
	7. Continue to have bi-annual drug take-back days and review collection data to determine on-going need.		Ongoing, review by December FY16 to determine future need due to success with Action 6.	# take-back days # lbs. medicine collected	