

The Howard County Local Health Improvement Coalition (HCLHIC) is working to increase participation in evidence-based mental health and suicide prevention education and stigma reduction programs by 20% in order to reduce emergency department visits related to mental health conditions and decrease suicide rates in Howard County. HCLHIC partner organizations including: *Howard County General Hospital, Grassroots Crisis Intervention, Humanim and the Mental Health Association of Maryland* are collaborating to make these programs accessible to the community.

You can help by sharing these upcoming facilitator and instructor training programs!

MENTAL HEALTH FIRST AID & SUICIDE INTERVENTION INSTRUCTOR PROGRAMS			
Program Name & Link	Dates	Program Description	Location
Mental Health First Aid ADULT INSTRUCTOR CERTIFICATION COURSE https://bit.ly/2AGf6D1	3/4/19 - 3/8/19 9:30 – 5:00pm	Bring Mental Health First Aid to your organization or community by certifying as an instructor. Using a train-the-trainer model, the five-day instructor training course fully prepares you to teach the core course— and you don't have to be a mental health clinician.	Mental Health Association of Maryland 1301 York Road, Suite 505 Lutherville, MD 21093 443-901-1550 ext. 229 mhfatraining@mhamd.org
Free safeTALK Training for Trainers Opportunity https://bit.ly/2DEMT14	3/13/19-3/14/19 8:00 - 4:30pm	safeTALK T4T is a two-day course that prepares local resource persons to be trainers of the safeTALK workshop. Before registering, all candidates must have attended the 2-day ASIST workshop within the last 24 months and read the Essential Information for safeTALK Candidate Trainers PDF.	Vocational Rehabilitation Building 55 Wade Avenue Catonsville, MD 21228 janel.cubbage@maryland.gov
Mental Health First Aid ADULT INSTRUCTOR CERTIFICATION COURSE https://bit.ly/2FO55cM	5/13/19 - 5/17/19 9:30 – 5:00pm	Bring Mental Health First Aid to your organization or community by certifying as an instructor. Using a train-the-trainer model, the five-day instructor training course fully prepares you to teach the core course— and you don't have to be a mental health clinician.	Mental Health Association of Maryland 1301 York Road, Suite 505 Lutherville, MD 21093 443-901-1550 ext. 229 mhfatraining@mhamd.org

**Newly trained? Are you interested in collaborating to host a Mental Health First Aid or QPR Training?
The HCLHIC can help connect you to other trained facilitators and community organizations that can help!**

Contact: lhic@howardcountymd.gov or call (410) 313-6204