

The Howard County Local Health Improvement Coalition (HCLHIC) is working to increase participation in evidence-based mental health and suicide prevention education and stigma reduction programs by 20% in order to reduce emergency department visits related to mental health conditions and decrease suicide rates in Howard County. HCLHIC partner organizations including: *Howard County General Hospital, Grassroots Crisis Intervention, Humanim and the Mental Health Association of Maryland* are collaborating to make these programs accessible to the community.

***You can help by sharing these upcoming facilitator and instructor training programs!***

MENTAL HEALTH FIRST AID & SUICIDE INTERVENTION INSTRUCTOR PROGRAMS			
Program Name & Link	Dates	Program Description	Location
<b>Youth Mental Health First Aid YOUTH INSTRUCTOR CERTIFICATION COURSE</b>  <a href="https://bit.ly/2PaKlvb">https://bit.ly/2PaKlvb</a>	02/11/19 -02/15/19 9:30 – 5:00pm	Bring Mental Health First Aid to your organization or community by certifying as an instructor. Using a train-the-trainer model, the five-day instructor training course fully prepares you to teach the youth course — and you don't have to be a mental health clinician.	Mental Health Association of Maryland 1301 York Road, Suite 505 Lutherville, MD 21093 443-901-1550 ext. 229 <a href="mailto:mhfatraining@mhamd.org">mhfatraining@mhamd.org</a>
<b>Mental Health First Aid ADULT INSTRUCTOR CERTIFICATION COURSE</b>  <a href="https://bit.ly/2AGf6D1">https://bit.ly/2AGf6D1</a>	3/4/19 - 3/8/19 9:30 – 5:00pm	Bring Mental Health First Aid to your organization or community by certifying as an instructor. Using a train-the-trainer model, the five-day instructor training course fully prepares you to teach the core course— and you don't have to be a mental health clinician.	Mental Health Association of Maryland 1301 York Road, Suite 505 Lutherville, MD 21093 443-901-1550 ext. 229 <a href="mailto:mhfatraining@mhamd.org">mhfatraining@mhamd.org</a>
<b>Mental Health First Aid ADULT INSTRUCTOR CERTIFICATION COURSE</b>  <a href="https://bit.ly/2FO55cM">https://bit.ly/2FO55cM</a>	5/13/19 - 5/17/19 9:30 – 5:00pm	Bring Mental Health First Aid to your organization or community by certifying as an instructor. Using a train-the-trainer model, the five-day instructor training course fully prepares you to teach the core course— and you don't have to be a mental health clinician.	Mental Health Association of Maryland 1301 York Road, Suite 505 Lutherville, MD 21093 443-901-1550 ext. 229 <a href="mailto:mhfatraining@mhamd.org">mhfatraining@mhamd.org</a>

**Newly trained? Are you interested in collaborating to host a Mental Health First Aid or QPR Training?  
The HCLHIC can help connect you to other trained facilitators and community organizations that can help!  
Contact: [lhic@howardcountymd.gov](mailto:lhic@howardcountymd.gov) or call (410) 313-6204**