

HOWARD COUNTY BEHAVIORAL HEALTH SUMMIT #2

The Telehealth Trend:
Navigating Healthcare
Through Technology

Dec 16, 2020



Promote. Preserve. Protect.

aetnaSM

Howard County LHIC

Local Health Improvement Coalition

HOUSEKEEPING

Participants will be muted upon entry.

Using the icons on your screen, you can:

- Mute/Unmute your microphone; Mute/Unmute button on phone
 - **Please mute yourself during discussion/questions**



Use the “chat” feature to ask questions during discussion.

- View Participant list on computer– opens a pop-out screen that includes a “Chat” icon that you may use to submit questions
- **Question/comment can also be added to the chat box throughout the meeting**

This meeting will be recorded...presenters may have cameras on.

CRISIS SUPPORTS AND RESOURCES

**If you or someone you know feels overwhelmed or are in crisis,
Help is available:**

- CALL the Grassroots Crisis Hotline at 410-531-6677
- CALL Maryland Crisis Connect, 2-1-1, Press 1
- TEXT the Crisis Text Line at 741-741 24/7 available
or visit <https://www.crisistextline.org>



PURPOSE

GOAL:

The COVID-19 pandemic has transformed telehealth from a convenient perk into an essential element of care delivery. As the pandemic continues and the demand on the healthcare systems increase, how can individuals utilize telehealth to get the most value for their healthcare dollar and engage with their providers in a meaningful way? Learn what you can expect in this new patient-provider engagement and how it is shaping the future of healthcare.

OBJECTIVES:

1. Welcome & Opening Remarks
2. Panel Discussion
3. Audience Q&A
4. Closing Remarks & Adjourn

WELCOME & OPENING REMARKS

Roe Rodgers-Bonaccorsy

Director, Bureau of Behavioral Health
Howard County Health Department



WELCOME & OPENING REMARKS

Marcus Duckworth

Vice President Client Management
Public Sector at Aetna



PANEL INTRODUCTION – MODERATOR

Vanda Lerdboon

Director, Community Health Education,
Bureau of Population Health,
Howard County Health Department



PANEL INTRODUCTION – PANELIST



Teri Condon

**General Manager, CVS Health Partnership,
Teladoc Health, Aetna**

Teri Condon is a General Manager at Teladoc Health, the global leader in virtual care delivery and enablement, where she oversees their longstanding strategic partnerships with Aetna and CVS Health and shared customers.

Ms. Condon has over 25 years of experience serving payers, providers and life sciences companies with innovative care management, analytic and consulting solutions. She holds an MBA in Healthcare Management from the Wharton School and an undergraduate degree in Psychology from Yale University.

<https://www.aetna.com/individuals-families.html>

PANEL INTRODUCTION – PANELIST



Dr. Bergina Isbell

Psychiatrist

Led Life^{LLC}

Dr. Bergina Isbell is a Mental Health and Spiritual Coach, Board Certified Johns Hopkins and Mayo Clinic trained Psychiatrist, and founder of Led Life, LLC, a mental health consulting and corporate wellness practice. As a Psychiatrist, speaker and best-selling author of multiple books, **Dr. Bergina** believes there is a cure for cancer of the soul and has been recognized for her specialization in the treatment of patients with trauma, depression, and special needs, including autism.

Dr. Bergina provides mental health coaching and corporate wellness through Growing in Grace Life Coaching, LLC. When not using the world as a classroom for her two children, she enjoys Bible journaling, ballroom dancing with her husband, and doing burpees.

<https://www.ledlifellc.com>

PANEL INTRODUCTION – PANELIST



Dr. Jessica Winkles

**Clinical Psychologist
Kenneth M. Klebanow & Associates**

Dr. Jessica Winkles is a licensed clinical psychologist and Behavioral Health Consultant at Klebanow & Associates, a pediatric primary care practice here in Howard County. she earned her Bachelor of Arts degree from the University of Virginia and her Ph.D. in Child Clinical Psychology from the University of Denver. She completed her internship in child clinical and pediatric psychology at Children’s National Health System and her clinical research fellowship at University of Maryland School of Medicine.

Dr. Winkles established the Behavioral Health Consultation Service at Klebanow and Associates in 2016 and in 2019 she started partnering with the Horizon Foundation to expand pediatric integrated care within Howard County. Dr. Winkles has seen all of her patients virtually since March 2020.

<https://www.klebanowandassociates.com>

PANEL DISCUSSION



Please Mute Yourself & Use the Chat Box to Submit Questions!

For additional information or questions contact lhic@howardcountymd.gov

AUDIENCE Q&A

Please use the Chat Box to submit questions!

Presentations and recording will be posted at www.hclhic.org

For additional information or questions contact lhic@howardcountymd.gov

MORE RESOURCES FOR EDUCATIONAL WEBINARS

- **Chronic Disease Prevention – Educational Webinars coordinated with and/or LHIC member organization**

<http://www.hclhic.org/resources/chronic-disease-prevention-resources>

- **Howard County OAI's Virtual Program [December 2020]**

<http://hclhic.org/resources/healthy-aging-resources>

- **Howard County Library System**

<https://howardcounty.librarycalendar.com/>

CLOSING REMARKS & ADJOURN

- **Upcoming WebEx Calls:**
 - **BH Summit #3 Dealing with Unrest: Understanding Yourself & Others -**
Wed, 01/13/2021
 - **BH Summit #4 Behavioral Trends in Youth –** Wed, 02/17/2021
 - **BH Summit #5 Growing Your Wellness Toolbox –** Wed, 03/17/2021
 - Please register at <https://bit.ly/3owAwe0>
- **Presentations, recording, & additional resources will be posted at**
www.hclhic.org
- **For additional information, contact** lhic@howardcountymd.gov
- **For those that participated, please complete the evaluation survey**
by Dec 23, 2020 at <https://www.surveymonkey.com/r/W7BYF2C>