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## Howard County Health Department Bureau of Behavioral Health Howard County Local Health Improvement Coalition

Behavioral Health Provider COVID-19 Resource and Response Call #5: Foreign-born Services 04/24/2020 – 9:00 AM - 10:30 AM

Virtual Meeting held via WebEx

#### **Minutes**

#### **Members Present:**

Kelly Arthur, Qlarant

Candace Ball, Howard County Department of Community

**Resources and Services** 

Gisela Baptiste, Adult & Adolescent Counseling Services,

LLC.

Benjamin Barnwell, Howard County Department of

**Community Resources and Services** 

Robin Bartko, Wellness Girlfriend

Andrea Bending, BrightStar Care

Miriam Bennett, Howard County Health Department

Kayla Blasher-Burch, Howard County Health Department

Carol Boyer, Delphi Behavioral Health Group

Corey Bryce, Oxford House Inc.

Shereen Cabrera-Bentley, Howard County Health

Department

Monica Castillo-Cruz, Howard County Health Department

Bianca Chang, Howard County General Hospital

Lisa DeHernandez, Howard County Health Department

Katie Downes, Congruent Counseling Services

Trish Dunn, Gladstone Psychiatry and Wellness

Kimberly Eisenreich, Howard County Department of

**Community Resources and Services** 

MJ Engle, Howard County Department of Community

**Resources and Services** 

Tina Field, Grassroots Crisis Intervention Center

Ana Maria Garcia Fernandez, Community Member

Stacey Grace, Stevenson Psychological Associates

Natalie Hall, Howard County Health Department

Karen Hull, Howard County Department of Community

**Resources and Services** 

Anna Maria Izquierdo-Porrera, Care For Your Health, Inc.

Janet Jones, Qlarant

Genevieve LaPorte, Howard County Police Department

Jennifer Lee, Howard County Department of Community

Resources and Services

Vanda Lerdboon, Howard County Health Department

Sonya Lloyd, Howard County Health Department

Sarah McCoy, Grassroots Crisis Intervention Center

Lynn Mejia, United Healthcare

Melissa Miller, Central Maryland Area Health Education

Center

Kristen Minor, Howard County Health Department

Andrea Morris, Christian Counseling Associates, Inc.

Colleen Nester, Howard County Health Department

Azahria Nleves, Center for Children

Cris Oviedo, Dragon Digital Radio

Sandra Ponciano, Howard County Health Department

Roe Rodgers-Bonaccorsy, Director, Howard County Health

Department

Michelle Rosenfeld, Howard County Department of

**Community Resources and Services** 

Ofelia Ross, Howard County Department of Community

**Resources and Services** 

Claudia Salomon, Howard County Health Department

Jim Sanders, The Village in Howard

Beth Schmidt, Maryland Coalition of Famliy

Lauren Soummers, Howard County Health Department

Rashel Taylor, Horizon Foundation

Tiffany Callender, Horizon Foundation

Gina Teranto, Humanim

Laura Torres, Howard County General Hospital

Celian Valero-Colon, One World Healthcare

Tonya Wade, Trusted Health Plan

Tasha Walls, Maryland CASA

Joan Webb-Scornaienchi, HC DrugFree

Chong Yi, My Life Foundation

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#### **Guests Present:**

Mike Mitchell, Executive Director, Foreign-born Information and Referral Network, Inc. Lisa Pearson, LCSW-C, Director of Behavioral Health Services, Chase Brexton's Columbia Heidi Weiss-Beedie, Foreign-born Service Program Coordinator, Howard County Health Department

## **Staff Present:**

Kelly Kesler, HCLHIC Director, HCHD Seojin Kim, HCLHIC Program Coordinator, HCHD Rodney Oldham, HCLHIC Program Coordinator, HCHD

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Opening Remarks	Kelly Kesler, Director of the Howard County LHIC, called the meeting to order at 9:00 a.m.  Roe Rodgers-Bonaccorsy, Director of the Howard County Health Department's Bureau of Behavioral Health offered key information and resources related to behavioral health & the COVID-19 and reviewed the goals and agenda for the meeting.  Ms. Nester, Supervisor of Youth and Family Support Services Unit in the Howard County Health	Coalition members are expected to obtain all the meeting materials including PPT, recording and additional resources visits  LHIC website: <a href="http://www.hclhic.org/news-events/lhic-and-partner-events/seminars-and-educational-events">http://www.hclhic.org/news-events/lhic-and-partner-events/seminars-and-educational-events</a> Coalition members are asked to share: <a href="http://www.hclhic.org/news-events/lhic-and-partner-events/seminars-and-educational-events">http://www.hclhic.org/news-events/lhic-and-partner-events/seminars-and-educational-events</a> Coalition members are asked to share: <a href="http://www.hclhic.org/news-events/lhic-and-partner-events/seminars-and-educational-events">http://www.hclhic.org/news-events/lhic-and-partner-events/seminars-and-educational-events</a> Behavioral Health FAQ's <a href="http://www.hclhic.org/news-events/lhic-and-partner-events/seminars-and-educational-events">http://www.hclhic.org/news-events/lhic-and-partner-events/seminars-and-educational-events</a> Behavioral Health FAQ's  Behavioral Health Provider FAQ's
	Department's Bureau of Behavioral Health as well as the LHIC Behavioral Health work group delegate, welcomed the coalition members and kicked off the meeting.	Coalition members who wish to add their organizations' update to the HCHD Behavioral Health FAQ's Sheet may contact Kayla Blasher-Burch at kblasher@howardcountymd.gov  LHIC members are encouraged to visit the following websites to learn more about the COVID-19 updates  HC Behavioral Health Providers Telehealth Serivce-COVID-19  LHIC COVID-19 Update  BHA Latest Information
FIRN, Inc: COVID-19 Resources and Response	Mike Mitchell, an executive director of Foreignborn Information and Referral Network, Inc. (FIRN), delivered his presentation about the primary services and information available for foreign-born residents in Howard County during the COVID-19 pandemic.  Mr. Mitchell also encouraged the members to use and share the COVID-19 online materials translated to several different languages on the FIRN website to promote foreign-born community education.	For more information about the COVID-19 referral services and other informative resources, visit:  • FIRN, Inc  • FIRN COVID-19 Interpretation and Translation Resoruces  • FIRN From Korea To Home: Global Perspectives on COVID-19





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		LHIC coalition members may contact Mike
	Mike Mitchell stated that FIRN planed to launch the COVID-19 Financial Resource called <i>Pay it Forward Fund</i> on May 10 to provide loan support for utility or rent payments.	Mitchell with more questions about his presentation at <a href="mailto:mmitchell@firnonline.org">mmitchell@firnonline.org</a>
	Coalition members discussed strategies to offer underinsured foreign-born clients the COVID-19 related-medical referral/assistance and learned about FIRN's original programs including immigration and translation services.	
<b>Chase Brexton</b>	Lisa Pearson, Director of Behavioral Health Services	Coalition members who are more interested
Health Care,	of the Chase Brexton (CBHC)-Columbia, shared an	in Chase Brexton Health Care's COVID-19
Inc.: Resources and Response	overview on primary modifications of clinical services and operations in response to the COVID-19 outbreak.	response and resources for a foreign-born population are encouraged to visit: <ul> <li>Chase Brexton Health Care</li> </ul>
	Ms. Pearson stated that the CBHC-Columbia offered current medical services in different kinds of languages including Farsi, Spanish, French and Hindi via telehealth in order for their patients to continue to receive their clinical therapy at home during this pandemic. However, group-based programs are now on hold.	Or contact Lisa Pearson at  • lpearson@chasebrexton.org  • 410-837-2050
	Coalition members and Ms. Pearson discussed potential remaining barriers in people accessing mental health services, the way to continue to accept new patients and timeframe that patients could get connected to medical assistance during this coronavirus outbreak.	
<b>Howard County</b>	Heidi Weiss-Beedie, the Foreign-born Outreach	Coalition members may contact Ms. Weiss-
Health	Coordinator for the Howard County Health	Beedie with more questions about her
Department:	Department (HCHD), provided a brief overview of	presentation at
Foreign-born	the Foreign-born Outreach program of the HCHD.	hweissbeedie@howardcountymd.gov
Programs	Mr. Waiss Pandia also discussed have shanges that	
	Ms. Weiss-Beedie also discussed key changes that have been made in order to continue to provide	
	existing/new foreign-born clients with telemedicine	
	services during the coronavirus outbreak. For	
	example, now, new clients can complete initial	
	intakes via FaceTime, WhatsApp, and etc., and they	
	can also receive a service confirmation via email or text.	

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# Q&A and Networking & Partner Updates

Chris Oviedo from Dragon Digital Radio shared her current project to develop a Spanish-based radio channel providing local updates to a foreign-born community during the COVID-19 pandemic.

Tiffany Callender and Rashel Taylor from the Horizon foundation gave a quick update on the grant funding opportunities including the COVID Emergency Fund, Mental Health Fund, and Advocacy opportunity, and also encouraged members to use and share Emotional Support Humans materials available online for community education.

Kelly Kesler stated that CAREAPP, a web-based tool that allows users to search for resources to address the Social determinants of health, would continue to be updated and available online.

Mr. Barnwell shared that the COAD Group will host a Pop-up Food Pantry scheduled to take place in the Elkridge area, and no ID or other documentation is required to access free food.

Chong Yi shared that My Life Foundation started fundraising for emergency foods and basic needs for low-income families and seniors in Korean-American community, and translation services for mental health counseling related to COVID-19 are now available.

Andrea Morris shared that Christian Counseling Associates (CCA) is also conducting telehealth mental health services through Zoom.

Coalition members who want to share their updates/events with the community via Dragon Digital Radio may contact Chris Oviedo at <a href="mailto:maria.oviedo@howardcc.edu">maria.oviedo@howardcc.edu</a> or visit <a href="mailto:Howard Community College-Dragon">Howard Community College-Dragon</a> <a href="mailto:Digital Radio">Digital Radio</a>

For more information about the Horizon Foundation's Grant Opportunities and campaign, email Tiffany Callender at <a href="mailto:TCallender@thehorizonfoundation.org">TCallender@thehorizonfoundation.org</a> Or Rashel Taylor at <a href="mailto:rtaylor@thehorizonfoundation.org">rtaylor@thehorizonfoundation.org</a> Or visit

- Horizon Foundation
- HoCo Response COVID-19
   Emergency Fund
- <u>Emotional Support Humans</u>

Coalition member are encouraged to visit the following website to learn more about CAREAPP

- https://www.hccareapp.org/
- Vanda Lerdboon at <u>plerdboon@howardcountymd.gov</u>
   or
- Natalie Hall at nhall@howardcountymd.gov

For more information about the Food Pantry, contact Benjamin Barnwell at <a href="mailto:bbarnwell@howardcountymd.gov">bbarnwell@howardcountymd.gov</a>
Or call

- DCRS Careline at 410-313-2773
- DCRS MAP at 410-313-1234

Coalition members may contact My Life Foundation at <a href="info@mlfmd.org">info@mlfmd.org</a> or 443-765-8949.

Coalition members may visit the CCA telehealth services website to learn more http://christiancounselingassociates.org.





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Closing Remarks	Ms. Nester adjourned the work group meeting at	Members who have questions for COVID-19
	10:30 a.m.	related supplies are encouraged to email at
		www.surveymonkey.com/r/Q7MPHNM
		Coalition members who are interested in
		COVID-19 medical assistance are encouraged
		to contact HCHD COVID-19 Hotline at 410-
		313-6284 or email at
		askhealth@howardcountymd.gov
		For more information about the Howard
		County LHIC contact Kelly Kesler at
		kkseler@howardcountymd.gov

### **Future Meeting Dates:**

Howard County COVID-19 and Vulnerable Population: Homeless Populations & Detention Centerhosted by the Howard County Local Health Improvement Coalition and Howard County Health Department Bureau of Behavioral Health - Friday, April 29, 2020 from 11:30 a.m. to 12:30 a.m. Register at <a href="http://bit.ly/2KpEwdD">http://bit.ly/2KpEwdD</a>

Howard County COVID-19 and The Stages of Trauma and Recovery (STAR)- hosted by the Howard County Local Health Improvement Coalition and Howard County Health Department Bureau of Behavioral Health - Wednesday, May 6, 2020 from 11:30 a.m. to 12:30 a.m. Register at <a href="http://bit.ly/3bgEQas">http://bit.ly/3bgEQas</a>

Howard County COVID-19 and Cultural Competency: Managing Implicit Bias within the Therapeutic Process- hosted by the Howard County Local Health Improvement Coalition and Howard County Health Department Bureau of Behavioral Health - Friday, May 15, 2020 from 9:00 a.m. to 10:00 a.m. Register at <a href="https://bit.ly/3byJINJ">https://bit.ly/3byJINJ</a>

Respectfully submitted by Seojin Kim, MSW, Program Coordinator Howard County Local Health Improvement Coalition

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