

Howard County Health Department Bureau of Behavioral Health
Howard County Local Health Improvement Coalition
Behavioral Health Provider COVID-19 Resource and Response Call #3
04/08/2020 – 11:30 AM - 12:30 PM

Virtual Meeting held via WebEx

Minutes

Members Present:

Candace Ball, Howard County Department of Community Resources and Services	Sarah McCoy, Grassroots Crisis Intervention Center
Robin Bartko, Wellness Girlfriend	Colleen Nester, Howard County Health Department
Miriam Bennett, Howard County Health Department	Emily Paterson, Maryland Poison Center
Yulanda Blackston, NAMI Howard County	Kirsten Robb-McGrath, Maryland Department of Disabilities
Kayla Blasher-Burch, Howard County Health Department	Roe Rodgers-Bonaccorsy, Director, Howard County Health Department
Magalie Brewer, MPB Group Inc.	Claudia Salomon, Howard County Health Department
Lorie-Ann Brown, Stevenson Psychological Associates LLC.	Catherine Sawyer, Howard County Health Department
Corey Bryce, Oxford House Inc.	Beth Schmidt, Maryland Coalition of Families
Shereen Cabrera-Bentley, Howard County Health Department	Cynthia Schulmeyer, Howard County Public School System
Tina Field, Grassroots Crisis Intervention Center	Jackie Scott, Howard County Department of Community Resources and Services
Emily Greenberger, Collaborative Counseling Center	Allison Sjoblad, Grassroots Crisis Intervention Center
Ludley Howard, The Howard Group, LLC.	Lauren Soummers, Howard County Health Department
Karen Hull, Howard County Department of Community Resources and Services	Gina Teranto, Humanim
Fredrick Jones, Tuerk House, Inc.	Laura Torres, Howard County General Hospital
Jack Kavanagh, Howard County Department of Corrections	Tasha Walls, Maryland CASA
Cynthia Kirk, Maryland Coalition of Families	Joan Webb-Scornaicheni, HC DrugFree
Genevieve LaPorte, Howard County Police Department	
James LeMon, Howard County Public School System	
Sonya Lloyd, Howard County Health Department	

Guests Present:

Amy Miller, Lead Clinician, Grassroots Mobile Crisis Team
Kat Olbrich, Maryland and Delaware Area Director, American Foundation for Suicide Prevention (AFSP)

Staff Present:

Kelly Kesler, HCLHIC Director, HCHD
Seojin Kim, HCLHIC Program Coordinator, HCHD

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Opening Remarks	Kelly Kesler, Director of the Howard County LHIC, called the meeting to order at 11:30 AM, and Roe Rodgers-Bonaccorsy, Director of the	Coalition members are asked to share: <ul style="list-style-type: none">• Behavioral Health FAQ's• Behavioral Health Provider FAQ's

	<p>Howard County Health Department's Bureau of Behavioral Health, offered key information and resources related to behavioral health & the COVID-19 and reviewed the goals and agenda for the meeting.</p> <p>Ms. Nester, Supervisor of Youth and Family Support Services Unit in the Howard County Health Department's Bureau of Behavioral Health as well as the LHIC Behavioral Health work group delegate, welcomed the coalition members and kicked off the meeting</p>	<p>Coalition members who wish to add their organizations' update to the HCHD Behavioral Health FAQ's Sheet may contact Kayla Blasher-Burch at kblasher@howardcountymd.gov</p> <p>LHIC members are encouraged to visit the following websites to learn more about the COVID-19 updates</p> <ul style="list-style-type: none"> • HC Behavioral Health Providers Telehealth Service-COVID-19 • LHIC COVID-19 Update
<p>Talk Saves Lives: An Introduction to Suicide Prevention</p>	<p>Kat Olbrich, a director of Maryland & Delaware Area at American Foundation for Suicide Prevention (AFSP), began her presentation, sharing a short video of Christine Moutier, a Chief Medical Officer at the AFSP, and her message on the COVID-19 related to suicide.</p> <p>Ms. Olbrich encouraged members to use and share the Mental Health and COVID-19 online materials available on the AFSP and the Psych Hub to promote community education.</p> <p>Kat Olbrich presented <i>Talk Saves Lives</i>, to the coalition members and listed several effective ways for them to maintain their healthy mental status during the COVID-19 pandemic.</p>	<p>For more information regarding the Mental Health and COVID-19, visit :</p> <ul style="list-style-type: none"> • AFSP Mental Health & COVID-19 Hub • Psych Hub: COVID-19 Mental Health Resource Hub <p>LHIC coalition members may contact Kat Olbrich with more questions about the presentation at KOlbrich@afsp.org</p>
<p>Safety Planning and Means Restriction</p>	<p>Amy Miller, a Lead Clinician at Grassroots Mobile Crisis Team, delivered her presentation about the suicide assessment and the safety planning in response to the COVID-19.</p> <p>Ms. Miller also shared several safety plans to reduce possible suicide/suicidal risks among people at high risk of suicide, stressing that the most significant and effective way, especially during this the COVID-19 pandemic, is to maintain human interaction/communication.</p>	<p>Coalition members who are more interested in Grassroots Mobile Crisis are encouraged to visit:</p> <ul style="list-style-type: none"> • Grassroots Mobile Crisis Team <p>Or email Amy Miller at</p> <ul style="list-style-type: none"> • Amy@grassrootscrisis.org <p>For more information about Suicide Safety Planning, visit:</p> <ul style="list-style-type: none"> • Suicide, Guns, and Public Health • How to Safeguard Your Home • Reduce Access to Means of Suicide • Means Restriction for Suicide Prevention • The AFSP About Suicide • National Suicide Prevention Lifeline

Q&A and Closing Remarks	<p>Ms. Nester adjourned the work group meeting at 12:30 pm.</p>	<p>Coalition members who need more information about Behavioral Health Resource Directory may contact Kayla Blasher-Burch at kblasher@howardcountymd.gov</p> <p>Or visit</p> <ul style="list-style-type: none"> • Howard County Behavioral Health Directory • BHN Online Referral Form • Network of Care <p>Coalition members are expected to obtain all the meeting materials including PPT, recording and additional resources visits LHIC website : http://hclhic.org/news-events/lhic-and-partner-events/seminars-and-educational-events</p> <p>Members who have questions for COVID-19 related supplies are encouraged to email at www.surveymonkey.com/r/Q7MPHNM</p> <p>Coalition members who are interested in providing their organization's employees with professional educating programs in a collaboration with LHIC should contact Kelly Kesler at kkseler@howardcountymd.gov</p>
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Future Meeting Dates:**Upcoming Calls**

April 15, 2020; 11:30 AM – 12:30 PM

April 24, 2020; 09:00 AM – 10:30 AM

FULL HCLHIC

Howard County COVID-19 Foreign-born Services Response and Resources Call - hosted by the Howard County Local Health Improvement Coalition and Howard County Health Department Bureau of Behavioral Health - Friday, April 24, 2020 from 9:00 a.m. to 10:30 a.m. Register at <https://bit.ly/34hxEYz>

Full LHIC Meeting April 30, 2020; 8:30 – 10:30am – Virtual *Registration to follow

Respectfully submitted by
 Seojin Kim, MSW, Program Coordinator
 Howard County Local Health Improvement Coalition