



**Howard County Health Department Bureau of Behavioral Health
Howard County Local Health Improvement Coalition**

Behavioral Health Provider COVID-19 Resource and Response Call #2

04/01/2020 – 11:30 AM - 12:30 PM

Virtual meeting held via WebEx

Minutes

Members Present:

Carol Boyer, Maryland House Detox/Delphi Behavioral Health Group
Magalie Brewer, MPB Group Inc. (OMHC)
Kathy Brooks, Columbia Association
Shereen Cabrera-Bentley, Howard County Health Department
Tiffany Callender, Horizon Foundation
Lisa Cooper-Lucas, Delta Sigma Theta
Mark Donovan, Congruent Counseling Services
Trish Dunn, Gladstone Psychiatry and Wellness
Tina Field, Grassroots Crisis Intervention Center
Meghann Holloway, Howard County Police Department
Ludley Howard, The Howard Group, LLC
Wendy Kanely, Harford County Health Department

Cynthia Kirk, Maryland Coalition of Families
Genny LaPorte, Howard County Police Department
Sonya Lloyd, Howard County Health Department
Edward Manhart, International Association of Machinists and Aerospace Workers
Sarah McCoy, Grassroots Crisis Intervention Center
Lisa Pearson, Chase Brexton Health Services, Inc.
Cynthia Schulmeyer, Howard County Public School System
Lauren Soummers, Howard County Health Department
Chun-Shin Taylor, Living Harmony Counseling
Joan Webb- Scornaienchi, HC DrugFree
Heidi Weiss-Beedie, Howard County Health Department
Liesele Wood, Howard County Health Department

Guests Present:

Lisa DeHernandez, Public Information Officer Howard County Health Department
Kat Olbrich, Maryland and Delaware Area Director, American Foundation for Suicide Prevention
Juli Murray, Inquiring Minds, LLC

Staff Present:

Kayla Blasher-Burch, Behavioral Health Navigator & Youth Suicide Prevention Coordinator, HCHD
Kelly Kesler, HCLHIC Director, HCHD
Seojin Kim, HCLHIC Program Coordinator, HCHD
Colleen Nester, Youth and Family Support Services Unit Supervisor, HCHD
Roe Rodgers-Bonaccorsy, Director, Bureau of Behavioral Health, HCHD3

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Opening Remarks	Kelly Kesler, a director of Howard County LHIC, called the meeting to order at 11:30 AM, and Roe Rodgers-Bonaccorsy, a director of Bureau of Behavioral Health, offered some key information and resources related to behavioral health & the COVID-19 and	Coalition members are asked to share: <ul style="list-style-type: none"> • Behavioral Health FAQ's • Behavioral Health Provider FAQ's Coalition members who wish to add their organizations' update to the HCHD

	<p>reviewed the goals and agenda for the meeting.</p> <p>Ms. Nester, a supervisor of Youth and Family Support Services Unit as well as a new LHIC Behavioral Health workgroup delegate, welcomed the coalition members and kicked off the meeting.</p>	<p>Behavioral Health FAQ's Sheet may contact Kayla Blasher-Burch at kblasher@howardcountymd.gov</p> <p>LHIC members are encouraged to visit the following websites to learn more about the BHA COVID-19 updates</p> <ul style="list-style-type: none"> • BHA Latest Information • Telehealth Program COVID-19 Update
<p>Coping with Crisis: COVID-19</p>	<p>Juli Murray, a founder of Inquiring Minds LLC began her presentation, citing the recent social phenomena regarding mental/behavioral distress stemming from the COVID-19.</p> <p>Ms. Murry also encouraged health service providers to continuously provide clinical attention to vulnerable populations, especially those at higher risk of mental crisis due to the COVID-19.</p> <p>Juli Murray listed several effective ways for the coalition members to adjust and work in their home (telework) during this COVID-19 pandemic, and she also discussed fun & useful indoor activities to reduce the level of burnout and stress among the members.</p>	<p>Coalition members may contact Juli Murray with more questions at juli@inquiringmindsllc.org or visit www.inquiringmindsllc.org</p> <p>LHIC members are encouraged to visit the following websites to learn more about the online resources for in-door activities. Visit:</p> <ul style="list-style-type: none"> • Dance Commute • LIVE Broadcasting from the National Aquarium • MD ZOO: LIVE CAMS & FEEDS • Great Horned Owls at the Roger's Place <p>Coalition members are asked to share the following Crisis Hotlines with their co-workers and clients:</p> <ul style="list-style-type: none"> • Crisis Text Line: 741741 • National Suicide Prevention Lifeline: 1-800-273-8255 • RAINN: 1-800-656-4673 • NEDA: 800-931-2237
<p>American Foundation for Suicide Prevention (AFSP) Updates</p>	<p>Kat Olbrich, a director of Maryland & Delaware Area at American Foundation for Suicide Prevention (AFSP), encouraged members to use and share the Mental Health & COVID-19 online materials on various mental health cares available on the AFSP website to promote community education.</p> <p>Ms. Olbrich also stated that the existing suicide prevention activities are available</p>	<p>LHIC coalition members may contact Kat Olbrich with questions at KOlbrich@afsp.org</p> <p>Coalition members are encouraged to learn more the presentation to visit:</p> <ul style="list-style-type: none"> • AFSP Mental Health & COVID-19 Hub • AFSP Resources After a Suicide



	<p>online during the COVID-19 pandemic, for example, <i>Support Groups</i> and <i>Peer-to-Peer Healing Conversations</i> have been provided virtually.</p> <p>The members can find other resources such as <i>Survival Day Book/Film</i> on the AFSP website.</p>	
<p>COVID-19 Messaging and Response for Priority Populations</p>	<p>Lisa De Hernandez, a Public Information Officer at Howard County Health Department, shared emergency response communications as well as the key messages that HCHD wanted to ask the coalition members and community partners through the behavioral health provider network.</p> <p>Ms. De Hernandez suggested members to share HCHD, HCGOV and HCLHIC Social Media with their communities.</p> <p>Kelly Kesler asked about HCHD’s strategic efforts to effectively communicate with populations who have limited English proficiency and to appropriately deliver the Coronavirus-related information to them.</p>	<p>LHIC coalition members may contact Lisa De Hernandez with questions at lidehernandez@howardcountymd.gov</p> <p>LHIC members are encouraged to visit the following websites to learn more about COVID-19 update. Visit:</p> <ul style="list-style-type: none"> • HCHD Coronavirus Information • COVID-19 Coronavirus County Government Updates • MDH-Coronavirus Disease 2019 (COVID-19) Outbreak • The Hogan Administration's COVID-19 Response • CDC-Coronavirus (COVID-19) <p>Coalition members who are interested in COVID-19 medical assistance are encouraged to contact HCHD COVID-19 Hotline at 410-313-6284 or email at askhealth@howardcountymd.gov</p>

<p>Q&A and Closing Remarks</p>	<p>Kayla Blasher-Burch, Youth Suicide Prevention Coordinator, adjourned the work group meeting at 12:30 pm.</p>	<p>Coalition members who want to learn more about the Out of the Darkness Community Walk are encourage to email Kayla Blasher-Burch at kblasher@howardcountymd.gov Or visit:</p> <ul style="list-style-type: none"> • Out of the Darkness Community Walks <p>Ms. Blasher-Burch will send a follow-up email to work group members after the meeting.</p> <p>Coalition members are expected to obtain all the meeting materials including PPT, recording and additional resources visits LHIC website : http://hclhic.org/news-events/lhic-and-partner-events/seminars-and-educational-events</p> <p>Members who have questions for COVID-19 related supplies are encouraged to email at www.surveymonkey.com/r/Q7MPHNM</p> <p>Coalition members who are interested in providing their organization’s employees with professional educating programs in a collaboration with LHIC should contact Kelly Kesler at kkseler@howardcountymd.gov</p>
---	---	---

Future Meeting Dates:

Upcoming Calls

April 8, 2020 11:30 AM – 12:30 PM

April 24, 2020 9:00 AM – 10:30 AM

FULL HCLHIC

April 30, 2020; 8:30 – 10:30am – Virtual

Respectfully submitted by
Seojin Kim, MSW, Program Coordinator
Howard County Local Health Improvement Coalition